

**Hotlines**

Also see [www.co.marina.ca.us](http://www.co.marina.ca.us)

Organization	Phone	Organization	Phone
Alateen Information Services	(415) 455-4723	Marin Child Abuse Prevention Council	(415) 507-0181
Alcoholics Anonymous - en Espanol	(415) 554-8811	Narcotics Anonymous	(415) 456-1292
Alcoholics Anonymous	(415) 499-0400	National Institute of Drug/Abuse	(800) 642-HELP
Bay Area Self-Help Line	(415) 772-4357	Rape Crisis Center	(800) 670-7273
Spanish line	(415) 772-4444	California AIDS Foundation	(800) 367-2437
California Youth Crisis Hotline	(800) 843-5200	English and Spanish	
Child Protective Services	(415) 499-7153	San Francisco Sex Information	(415) 989-7374
Drug Abuse 24 hr assistance	(800) 234-1253	& referral about sexual behavior.	(800) NO BUITS
Drug Treatment Center	(800) 711-6375	Stop Smoking - English	(800) 45-NO FUME
Group Counseling	(415) 499-1195	Stop Smoking - Spanish	(415) 454-8464
HELP/INK	(800) 273-6222	"Fresh Start" Classes	(415) 499-1100
Lyric Youth Hotline	(800) 246-PRIDE	Suicide Prevention	(415) 499-1195
Marin Abused Women's Services	(415) 974-6616	Grief Counseling	(415) 453-5700
Women's hotline	(415) 924-1070	Teen/Parent Crisis	(888) 977-3399
Men's hotline	(415) 924-1070	Youth Line - Open 4-10PM	
Spanish hotline	(415) 924-3456		

**Hang Outs / Rec Centers**

Belvedere / Tiburon Rec Dept.	435-4355	Ross Rec. Dept.	453-6020
Corte Madera Rec. Dept.	927-5072	San Anselmo Rec. Dept.	258-4640
Dance Palace	663-1075	San Rafael Rec. Center	485-3333
Jewish Community Center	444-8000	San Geronimo Teen Center	488-8888
Larkspur Rec. Dept.	927-6746		
Marin City Community Services District	332-1441		
Marin YMCA	492-9622		
Marin YWCA	456-0782		
Mill Valley Community Center	383-1370		
MNYO Teen Center	453-0645		
Novato Teen Center	209-6210		
Pickleweed Community Center	485-3077		

**Check Out These Websites**

- [www.teenhealth.org](http://www.teenhealth.org)
- [www.sexetc.org](http://www.sexetc.org)
- [www.youthliv.org](http://www.youthliv.org)
- [www.teenwire.com](http://www.teenwire.com)
- [www.nobacco.org](http://www.nobacco.org)
- [www.mycollegeguide.org](http://www.mycollegeguide.org)
- [www.dosomethings.org](http://www.dosomethings.org)
- [www.ipl.org/div/teen](http://www.ipl.org/div/teen)

MARIN

**TEEN RESOURCE GUIDE**  
2004-2005 Edition

The Teen Resource Guide was developed by the Youth Health Advisory Committee, a program of the Youth Leadership Institute. This edition was produced by the Marin County Dept. of Health and Human Services, Community Health and Prevention Services, and by Healthy Teens Marin. For an on-line version of this card go to [www.healthysteensmarin.org](http://www.healthysteensmarin.org). For more information call 499-3055.



**Counseling/Support**

Organization	Phone	Comment
A.P.P.L.E. Family Works	(415) 492-0720	Low cost counseling for children, teens and adults. "Who's Up?" program in middle schools.
Amnesia/Bulimian Support Group	(415) 924-4471	Support group for anorexia and bulimia
Bay Area Community Resources / New Perspectives	(415) 444-5580	Counseling for youth and families, drug and alcohol services
Beyond Hunger	(415) 459-2270	Eating disorders treatment and prevention
Catholic Charities	(415) 499-1470	Low fee, all denominations welcome. Depression, isolation, self-esteem issues. Bilingual Spanish.
Catholic Youth Organization (CYO)	(415) 507-2000	Foster families, residential treatment, special education setting, crisis intervention, camping, environmental education, and athletics
Center for ADHD/ADHD Healing	(415) 331-6161	Individual and family therapy for life threatening illnesses
Center Point	(415) 456-6655	Youth counseling: substance abuse and family issues
Commonweal	(415) 868-0970	Consulting services for learning & social developmental challenges
Diary Project	(415) 479-1989	On-line teen diary. Website: <a href="http://www.diaryproject.com">www.diaryproject.com</a>
Family Institute of Marin	(415) 459-3276	Individual and family counseling
Family Service Agency of Marin	(415) 456-3853	Counseling & social services to individuals & families
Full Circle Programs	(415) 499-1143	Individual and family therapy, sliding scale payment. Full spectrum of direct mental health services.

Henry Olshoff Outpatient Programs	(415) 485-0382	Substance abuse / eating disorders treatment
Hospice of Marin	(415) 927-2273	Counseling and care for terminally ill individuals and family
Marin AIDS Inefatth Network	(415) 455-5636	Spiritual support for HIV/AIDS & other life challenging illnesses
Marin County Psychiatric Emergency Sys	(415) 499-6666	Assessment of psychiatric crises; referral and information.
Marin Interfaith Council	(415) 456-6957	Referral for spiritual counseling
Marin Therapy & Training Institute	(415) 892-0765	Individual and family counseling
Marin Interfaith Youth Outreach		
(MNYO Teen Center)	(415) 453-8645	Cafe Oasis job training, dance nights, art studio, tutoring, computer cl.
New Perspectives / Bay Area Community Resources	(415) 444-5580	Counseling for youth and families, drug and alcohol services
Novato Youth Center	(415) 892-1643	Family & youth counseling, recreational, athletic & educational activities
Novato Youth Services Bureau	(415) 897-4378	Counseling for Novato youth and families
Pregnancy to Early Parenting Center	(415) 456-6466	Support for expectant moms or teen parents. Sliding fee (Medi-Cal accepted)
Rape Crisis Center of Marin	(415) 259-2850	Support groups, counseling, advocacy and education. See hotlines.
San Rafael Police Youth Services	(415) 485-3025	Counseling programs for youth and families
Spectrum Center	(415) 457-1115	Support, education for Lesbian, Gay, Bisexual, Transgender Concerns
Teen Mom's Group (Spanish)	(415) 499-7120	Support groups for teen moms in Spanish only
West Marin Community Outreach	(415) 663-9441	Family Counseling, drug/alcohol prevention services

**Health Services**

Organization	Phone	Comment
HIV Alternative Testing Sites	(415) 499-7515	Free, anonymous HIV testing
Huckleberry Teen Health Program	(415) 258-4944	Teen Tuesday: Free confidential health educ. HIV/STD, preg test, birth control, exams, counseling, Tue 2-5 PM
Marin AIDS Project	(415) 457-2487	Direct services to HIV/TMAP pts, families, friends. Youth programs for providing peer education
Marin Community Clinic-Greenbrae	(415) 448-1500	Low-cost medical services
Marin Community Clinic-Novato	(415) 448-1555	Low-cost medical services
Marin County Dental Clinic	(415) 446-4425	Low-cost dental care
Marin County Dental Society	(415) 472-7974	Low-cost dental care for youth (under 18) from low-income families.
Marin County Family Planning Services	(415) 507-4019	Birth control clinic offering pregnancy testing, counseling, referral
Needle Exchange Program of Marin	(415) 457-2487	One to one syringe exchange
Planned Parenthood Ritter Center	(800) 967-7526	Teen Clinic on Th 2-6pm, birth control, STD, HIV, preg test, educ. Free food, nursing & physician care, HIV-antibody testing, drug & alcohol counselors, mental health counseling & referral
STD Clinic/Marin County Public Health Dept.	(415) 499-6944	Free HIV, STD testing, exams, and counseling for 18 and under; \$20 for over 18 yrs. old.